



Sidney Albert
Albany JCC

Effective October 17 - October 28

BETTY CLARK INDOOR POOL

30ft X 60ft., 1 mile - 88 lengths

Pool schedule subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday operations will begin 11/3	6:00 - 8:30 AM Circle Lap Swim	6:00 - 9:00 AM Circle Lap Swim	6:00 - 8:30 AM Circle Lap Swim	6:00 - 9:00 AM Circle Lap Swim	6:00 - 9:30 AM Circle Lap Swim	Saturday operations will begin 11/2
	8:30 - 9:30 AM Aqua Class Starting 10/28	9:00 - 11:00 AM Lap Swim/Open Swim	8:30 - 9:30 AM Aqua Class Starting 10/28	9:00 - 11:00 AM Lap Swim/Open Swim	9:45 - 10:35 AM Aqua Class Starting 11/1	
	Pool Closed 8:30 AM - 2:00 PM	11:00-12:00 PM Circle Lap Swim	Pool Closed 8:30 AM - 2:00 PM	11:00-12:00 PM Circle Lap Swim	11:00-12:00 PM Circle Lap Swim	
		Pool Closed 12:00-4:00pm		Pool Closed 12:00-4:00pm		
	2:00 - 5:00 PM Lap Swim/Open Swim	4:00 - 5:00 PM Lap Swim/Open Swim	2:00 - 5:00 PM Lap Swim/Open Swim	4:00 - 5:00 PM Lap Swim/Open Swim	12:00 - 2:00 PM Lap Swim/Open Swim	
	5:00 - 6:00 PM Circle Lap Swim	5:00 - 6:00 PM Circle Lap Swim	5:00 - 6:00 PM Circle Lap Swim	5:00 - 6:00 PM Circle Lap Swim	Children Under 13 Must Be Accompanied By An Adult. No Drop- Offs Allowed.	
	6:00 - 7:45 PM Swim Team	6:15 - 7:30 PM Family Swim/1 Lane Lap	6:00 - 7:45 PM Swim Team	6:15 - 7:30 PM Family Swim/1 Lane Lap		
	Please be advised: For everyone's safety the indoor pool will be closed due to thunder and lighting.					
	Close at 6:00 PM	Close at 7:30 PM	Close at 6:00 PM	Close at 7:30 PM	Close at 2:00 PM	