



Sidney Albert  
Albany JCC

## Effective Monday, June 9th - Sunday, June 29th

### Indoor and Outdoor Pool Schedule

Pool schedule subject to change including which pool is open.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Indoor Pool 6:00-8:15am Circle Lap Swim	Indoor Pool 6:00-9:00am Circle Lap Swim	Indoor Pool 6:00-8:15am Circle Lap Swim	Indoor Pool 6:00-9:00am Circle Lap Swim	Indoor Pool 6:00-8:15am Circle Lap Swim	
8:00-9:15am Lap Swim						
9:30-10:00am Men Only Lap Swim	Indoor Pool 8:30-9:30am Aqua Movements	Indoor Pool 9:00-10:00am Free/Lap Swim	Indoor Pool 8:30-9:30am Aqua Movements	Indoor Pool 9:00-10:00am Free/Lap Swim	Indoor Pool 8:30-9:30am Aqua Deep	
		<b>Indoor Pool Closed 10:00am</b>		<b>Indoor Pool Closed 10:00am</b>		
10:15-11:45am Women Only Lap Swim	<b>Indoor Pool Closed 9:30am</b>	Outdoor Pool 12:00-6:00pm Free/Lap Swim	<b>Indoor Pool Closed 9:30am</b>	Outdoor Pool 12:00-6:00pm Free/Lap Swim	<b>Indoor Pool Closed 9:30am</b>	Outdoor Pool 12:00-5:00pm Free/Lap Swim
<b>Indoor Pool Closed 11:45am</b>					Outdoor Pool 12:00-4:00pm Free/Lap Swim	
Outdoor Pool 12:00-4:00pm Free/Lap Swim	Outdoor Pool 1:00-6:00pm Free/Lap Swim	<b>Pool Closes to Members at 6pm</b>	Outdoor Pool 1:00-6:00pm Free/Lap Swim	<b>Pool Closes to Members at 6pm</b>	<b>Pool Closes to Members at 4pm</b>	<b>Pool Closes to Members at 5pm</b>
	<b>Pool Closes to Members at 6pm</b>		<b>Pool Closes to Members at 6pm</b>			
<b>Pool Closes to Members at 4p</b>						
4:00-5:00pm Swim Team	6:00-7:45pm Swim Team		6:00-7:45pm Swim Team			

Please be advised: For everyone's safety the pools will close when thunder or lightning is present  
Children Under 13 Years of Age Must Be Accompanied By An Adult - No Drop-offs Allowed  
Swim location may change from outdoor to indoor based on weather  
Orange = Indoor Pool. Green = Outdoor Pool

