

Albany JCC Gymnasium Schedule

www.Albanyjcc.org

518-438-6651

Effective April 2026



Sidney Albert
Albany JCC

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B	GYM A	GYM B
Open Gym 7-8am	Family Gym 7-8am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 6-10am	Open Gym 7-9am	Family Gym 7-9am
Basketball Clinic 8-10am	Family Gym 8-10am	Open Gym 10-12pm	JCC Childcare 10-12pm	Open Gym 10-12pm	JCC Childcare 10-12pm	Open Gym 10-12pm	JCC Childcare 10-12pm	Open Gym 10-12pm	JCC Childcare 10-12pm	Pickleball (Open) 10-12pm	Pickleball (Open) 10-12pm	Pickleball (Open) 9-11am	Family Gym 9-12pm
Adult Pickup Basketball 10am-2pm	Adult Pickup Basketball 10am-2pm	Open Gym 12-4pm	Open Gym 12pm-4pm	Pickleball (Open) 12-2pm	Pickleball (Open) 12-2pm	Pickleball (Open) 12-2pm	Pickleball (Open) 12-2pm	GYM CLOSED 12:30-2:30 pm	GYM CLOSED 12:30-2:30 pm	Open Gym 12-5:50pm	Open Gym 12-5:50pm	Open Gym 11am- 5:50pm	Open Gym 12pm- 5:50pm
Open Gym 2-5:50pm	Family Gym 2-5:50pm	Open Gym 4-5:30pm	JCC Afterschool 4-5:30pm	Open Gym 2-4pm	Open Gym 2-4pm	Open Gym 2-6pm	JCC Afterschool 4-5:30pm	Open Gym 2:30-5:30pm	JCC Afterschool 4-5:30pm	Gym Closes at 5:50pm	Gyms Closes at 5:50pm	Gym Closes at 5:50pm	Gym Closes at 5:50pm
Gym Closes @ 5:50pm	Gym Closes @ 5:50pm												
		Open Gym 5:30- 7:50pm	Open Gym 5:30- 7:50pm	Open Gym 4-7:50pm	JCC Afterschool 4-5:30pm	Pick-Up Basketball 6-7:50pm	Adult Pickup 6-7:50pm	Open Gym 5:30-7:50pm	Open Gym 5:30-7:50pm				
		Gym Closes at 7:50pm	Gym Closes at 7:50pm	Gym Closes at 7:50pm	Open Gym 5:30 - 7:50pm Gym Closes at 7:50pm	Gym Closes at 7:50pm	Gym Closes at 7:50pm	Gym Closes at 7:50pm	Gym Closes at 7:50pm				

*The JCC reserves the right to change this schedule as needed.

*Family Gym is reserved for families with young kids. If there are no families it becomes open gym. (Curtin can be lowered upon request)

*All members & guest must be **OUT** of the **FACILITY** by the posted closing time.